

Excellence in Education

Plainview Old Bethpage John F. Kennedy High School

50 Kennedy Drive Plainview, NY 11803

Guidance Office: 516-434-3150

Fax: 516-937-6384

James Murray
Principal

Vanessa Barbone
Assistant Principal

Philip Farrelly
Assistant Principal

Eric Haruthunian
Assistant Principal

Counselors

Jessica Baker
Domenick DiDomenico
Sara Egosi
Joseph Izzo
Neil Lasher
Jason Miller
Cristina Rivas-Laline
Jennifer Siegel

Director of Guidance

Laurie B. Lynn

Psychologists

Dr. Gloria Rothenberg
Tina Santaniello
Dr. Jay Wechter

Social Workers

Jamie Pfeffer
Melissa Rudes

Substance Abuse Counselor

Jessica Butindari

Dear Parents of POB JFK Juniors,

With the start of the new year, we focus on the Class of 2019 and their college search.

During the Junior Conferences, we invite you and your child to meet with their Guidance Counselor to discuss the college search process in its entirety. Topics that will be discussed will include, but are not limited to: what college admission representatives are looking for, SAT/ACT/SAT Subject exams, NAVIANCE Family Connection, Letters of Recommendation, and more.

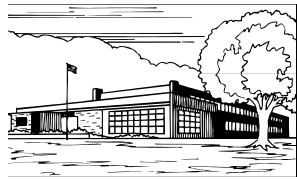
In order to best prepare to help your child through this college application process, please have them fill out the enclosed Junior Packet. The purpose of the Junior Packet is to help your child begin to reflect on their overall high school experience and how they will convey themselves as a quality candidate for admission at the colleges of their choice. Also, your child's guidance counselor will use their responses as a guideline for discussion during the actual Junior Conference meeting. In addition, I ask that you fill out the attached Parent Statement. Both of these forms are also available to download from our department's website.

Junior Conferences will begin on **Monday, March 5, 2018**. Appointments will be scheduled upon submission of the Junior Packet on a first-come, first-served basis to the Guidance Office. Once the packet is received in Guidance, a staff member will contact you to schedule your appointment. The deadline to have the Junior Packet submitted to the Guidance Office will be **Friday, February 9, 2018**.

We look forward to working with you and your student during this very exciting time. If you have any questions or concerns, feel free to contact your child's Guidance Counselor.

Sincerely,

Laurie B. Lynn
Director of Guidance



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PARENT STATEMENT

Dear Parents:

Most colleges and universities require a personal recommendation from a student's guidance counselor as part of the application process. Your counselor's responsibility in preparing this recommendation is to provide a summary of your child's academic and extracurricular achievements and also some sense of his\her promise for further personal and intellectual growth. Conveying these unique qualities is not an easy task. Therefore, a brief statement about your son\daughter would be of great assistance. Thank you.

To be most helpful, your statement should include the following:

1. Your perceptions of your child's plans and aspirations at this point in time.
2. What you consider to be his\her strong personal characteristics as well as those areas you feel may need improvement.
3. Specific and significant activities or special talents in which your child has participated during his\her high school career both in and out of school.
4. Are there any unusual or personal circumstances which may have affected your child's educational experiences?

Feel free to attach a typed printout of your response, if you prefer.

Sincerely,

Laurie B. Lynn
Director of Guidance

Name _____ Counselor _____

Email _____ Junior Conference Date _____

The goal of the college counseling process is to help you identify colleges that are a good match for you based on your particular interests and preferences. Using some general characteristics as a starting point, indicate your current preferences. Check as many as apply. (Don't worry if these change.)

Size: *Based on undergraduate student population*

- | | |
|---|---|
| <input type="checkbox"/> <i>Small (750-2,000)</i> | <input type="checkbox"/> <i>Large (15,000-20,000)</i> |
| <input type="checkbox"/> <i>Medium (2,000-5,000)</i> | <input type="checkbox"/> <i>Very Large (20,000+)</i> |
| <input type="checkbox"/> <i>Medium to Large (10,000-15,000)</i> | |

Setting:

- Urban/City Campus* *Suburban Campus* *Rural Campus*

Location:

- | | |
|---|--|
| <input type="checkbox"/> <i>New York State</i> | <input type="checkbox"/> <i>South</i> |
| <input type="checkbox"/> <i>New England</i> | <input type="checkbox"/> <i>West</i> |
| <input type="checkbox"/> <i>Midwest</i> | <input type="checkbox"/> <i>Southwest (AK, OK, NM, TX)</i> |
| <input type="checkbox"/> <i>Mid-Atlantic (PA, DC, DE, MD, NJ)</i> | |

Type: *You are interested in the following types of schools: (check as many as you want)*

- Public* *Private* *Religious* *Single Sex* *SUNY/CUNY School*

Possible Area of Study:

Do you have an idea of what you want to major in at college? *YES* *NO (it is fine not to know.)*

If YES, what is it? _____

Do you have a specific career aspiration? *YES* *NO (it is fine not to know.)*

If YES, what is it? _____

BEING UNDECIDED ABOUT A MAJOR IS FINE.

DO NOT FEEL YOU NEED TO PUT SOMETHING HERE!

A. Are you fluent in any other languages? If so, which languages? _____

B. Are you a first generation college student? Yes _____ No _____

C. What is your most important activity and why (inside school or out)? _____

D. What have you enjoyed most about high school? Why? _____

E. Do you feel your academic record is an accurate measure of your ability? Why or why not?

F. Please list two teachers that you would consider requesting a letter of recommendation and why:

DISTINCTIONS

A. List four adjectives that you believe best describe you as a person.

1. _____ 2. _____

3. _____ 4. _____

B. Where do you see yourself in ten years.

C. Hobbies

D. Please feel free to share any other information (Special talents, fun facts):

Current Common Application College Essay Topics (between 250 and 650 words)

- A. Do you have a background or story so central to your identity that you feel like your application is incomplete without it?
- B. Have you experienced failure? How did it affect you? What lessons did you learn?
- C. Have you ever challenged a belief or idea? What made you choose to act? Would you make the same decision?
- D. Describe your ideal environment. What do you do there and why is it meaningful to you?
- E. Describe an accomplishment or event that marked your transition from childhood to adulthood within your culture, community, or family.

Some colleges or scholarship applications may ask for a resume. Your counselor will find this very useful in writing your recommendation. This is just a sample you can use as a draft. Feel free to use this or a format of your choice

Name:
 Date of Birth:
 ACTIVITIES RESUME

Activity	Grade Level	Role/Position	Description
School Activities			
			•
			•
			•
Community Service			
			•
			•
			•
Athletics			
			•
			•
			•
Awards and Honors			
			•
			•
			•
Work Experience			
			•
			•
			•